



LIVING CONNECTED ONLINE SERVICES

Need help using your computers, laptops, tablets or phone?

Living Connected is a not-for profit community enterprise providing services for the social well-being of elders helping them to remain independent, connected and engaged through digital inclusion.

For those isolated by COVID19 restrictions or any other reason we will continue to hold weekly Virtual Group Session using Zoom

This year we have replaced our many face- to-face Dropin sessions with 5 virtual Dropin sessions a week roughly based on our pre COVID19 Dropin Sessions. We welcome anyone wanting individual help with computers, tablets or phones or just want some company. With geography not a problem, anyone can come to any sessions as long as they use the relevant Zoom Meeting ID and contact us for the password or link. Session times are

Mondays 2:30 pm Southern Illawarra Group Meeting ID: 930 2714 7464

Wednesdays 10am Wollongong Group Meeting ID: 926 5995 4023

Thursdays 3pm Northern Illawarra Group Meeting ID: 921 0743 1729

Thursdays 1:30pm South Coast Group Meeting ID: 932 4247 3640

Fridays 10am Shoalhaven Group Meeting ID: 990 8404 5387

Need help keeping together a club or group that cannot meet at present?

Living Connected has state government funding for a free service supporting seniors' clubs and groups to continue to meet using technology. In normal times, seniors thrive on regular social interactions in groups. Living Connected helps clubs, community groups and families on the south coast from Wollongong to Eurobodalla Shire, to continue to meet virtually. The organisation provides assistance with technical set-up, host engaging sessions and upskills novice users so no-one misses out.

Contact us if you have a club or groups that would like our help to run meetings online. There is no cost.

We will soon be resuming limited Face to Face Help

Like many organisations, Living Connected is planning a tentative move to face to face sessions. A first step will be by prior booking only, 1 on 1 with one of our helpers at iAccelerate on the Innovation Campus where we will have strict COVID 19 protocols which we will release soon. We will be guided by the following

<https://www.beconnectednetwork.org.au/coronavirus-and-your-organisation>

Contact us for more information and help

Phone: 0409 753 808

Email: admin@livingconnected.org.au

Website: <https://livingconnected.org.au/>

Skype:

If you don't already have Skype on your device, go to your app store or the Skype website [skype.com](https://www.skype.com) to download and install Skype..

Start Skype and create a Skype account following the instructions. (Skip any steps that you don't need or understand)

Find contacts e. g. at "Find people" enter livingconnectednow@gmail.com, click on "add" where you see Living Connected, close the "Add s new contact window and you should see us in you contact list and send us a message.

4. We will call you if we see you online (ie have a green dot or you can call us.

Zoom:

Go to your app store or the website zoom.us/download to download and install .the free Zoom client. Unless you want to host your own Zoom meetings you don't need to sign up.

To join one of our meetings you will need to know the meeting ID (and password if there is one) which we will send you before the meeting

When it is time for the meeting. Open Zoom, click on Join a Meeting, enter the ID (and password if asked). Click on Join - with video and audio.

If you are sent a link, just click on that.