

## Living Connected

*helping seniors to remain engaged,  
independent and active.*

The Living Connected services are for seniors who may not be able to engage in many of the activities they used to enjoy. They may now live far from friends and family, not be able to get out easily or find the online world and digital devices confusing.

Our talented and friendly team helps seniors learn to connect with people, services and programs in the online environment. We aim to suit their particular needs and interests so as to maintain and improve their wellbeing.

Our programs are designed for seniors, but we have no age limit on clients. And though we're experts at working with beginners, we help people at all levels of digital development.



The Founder of Living Connected is Helen Hasan, Professor of Information Systems and Human Computer Interaction at the University of Wollongong. She has conducted research for over 30 years on how life has changed with advances in digital technology

Living Connected is a not-for-profit social business: a startup at iAccelerate, University of Wollongong  
<http://www.iaccelerate.com.au/>



**Be Connected**  
Every Australian online.



*Living Connected provides a range of personalised, integrated and continuing services to assist seniors with their IT so they can reap the benefits of the digital world. We currently operate in the Illawarra and Shoalhaven regions of NSW.*

### Contact Us

Phone: 0409753808

(text if you want us to call you)

Email: [admin@livingconnected.org.au](mailto:admin@livingconnected.org.au)

Web: [livingconnected.org.au](http://livingconnected.org.au)

# Living Connected Services and Network 2018

## Home Service for Seniors

The Living Connected home program is tailored to each client's needs

- For beginners, we get together to discuss their interests, experience with and attitudes to IT, and any circumstances (physical, mental, financial etc.) which may affect how they use technology. We then develop a personalised plan reflecting their choices and make sure they've got a great place to start learning.
- We oversee the set-up of any off-the-shelf technology, emphasizing safety and healthy ergonomics, and offer 1-on-1 lessons to teach the basics.
- For more experienced clients, we teach whatever they want to learn!
- Regardless of experience levels, we arrange for ongoing support when clients get stuck or want to know more.

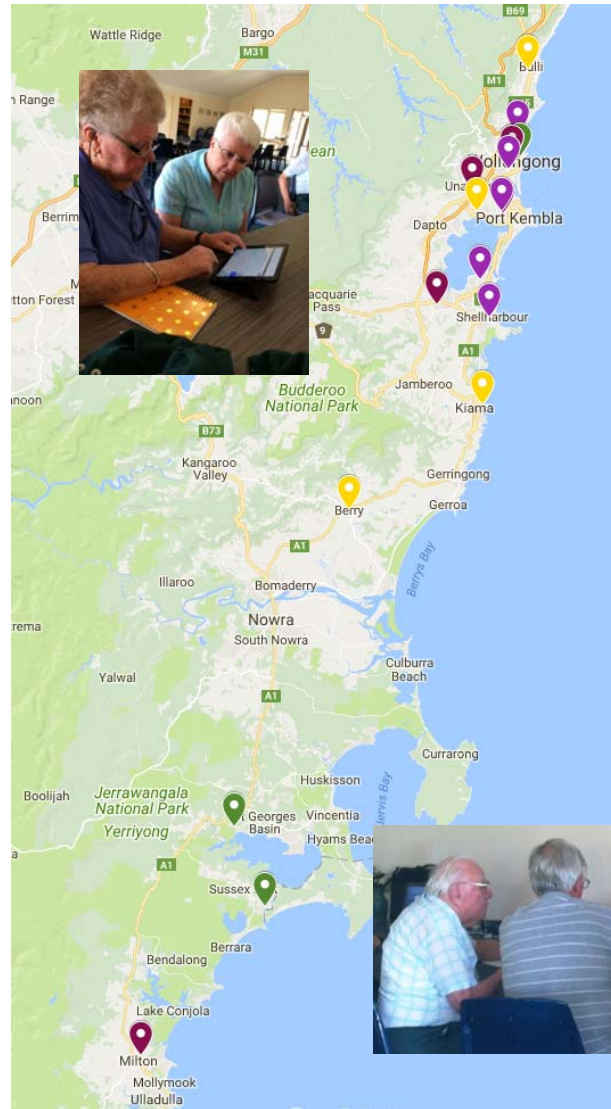
## Home Service Prices

Home Visit standard price \$80 per hour

Most visits are around 1 hour

Discounts are available

Ongoing home support by volunteers is free



*We focus on what each client wants to do, not on the technology*

## Free Drop-in Sessions

Sponsored by the Australian Government's *Be Connected* program, we run a network of centres across the Illawarra offering 1-on-1 computer support.

If you need help with your device (laptop, smartphone or tablet), bring it along. Or have a play on our computers and digital devices. Whether you have a specific problem or you're just curious about digital technology, find a time and location that suits you and drop in!

We also run weekly groups in aged care facilities; contact us if you're interested.

## Training for carers & volunteers

We hold workshops to train our volunteers. Carers are also welcome to attend.

## Special Topics

Now and again, we'll hold classes on specific topics – Family History, Email, Facebook, Creating Documents, using the MYGOV website... or anything else you'd like to learn.

See our website, call or email us for up-to-date schedules.